

Travel Quarantine Guidance

| | International Travel | Cruise Ship Travel | Domestic Travel |
|--|--|---|--|
| Never had a documented positive COVID result. | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine. | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine |
| Tested positive for COVID (using antigen or PCR test) <u>within</u> the last 90 days | Self Monitor. If you develop symptoms of COVID-19 you must self isolate and test. | Self Monitor. If you develop symptoms of COVID-19 you must self isolate and test. | Self Monitor. If you develop symptoms of COVID-19 you must self isolate and test. |
| Tested positive for (using antigen or PCR test) COVID <u>more</u> than 90 days ago | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine |
| Received 1 dose of COVID Vaccine or received 2 doses but it is less than 14 days since receiving the 2nd dose. | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine | Quarantine for 10 days. Beginning the day after you arrive home. Time can decrease to 7 days with a negative PCR test on day 3-5 of quarantine |
| Have received two doses of the COVID Vaccine and it has been <u>more</u> than 14 days since receiving 2nd dose | Self Monitor. If you develop symptoms of COVID-19 you must self isolate and test. | Self Monitor. If you develop symptoms of COVID-19 you must self isolate and test. | Self Monitor. If you develop symptoms of COVID-19 you must self isolate and test. |
| References: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html | | | |

Updated 12/09/2021

| | International Travel/Cruise Ship Travel | Domestic Travel |
|--|---|--------------------------|
| Never had a documented positive COVID result. | Quarantine for 10 days (*Day one of quarantine begins the day after you have returned from travel) | Resume normal activities |
| Tested positive for COVID (using antigen or PCR test) <u>within</u> the last 90 days | Resume normal activities and continue to monitor for symptoms of COVID-19 | Resume normal activities |
| Tested positive for (using antigen or PCR test) COVID <u>more</u> than 90 days ago | Quarantine for 10 days (*Day one of quarantine begins the day after you have returned from travel) | Resume normal activities |
| Received 1 dose of COVID Vaccine or received 2 doses but it is less than 14 days since receiving the 2nd dose. | Quarantine for 10 days (*Day one of quarantine begins the day <u>after</u> you have returned from travel) | Resume normal activities |
| Have received two doses of the COVID Vaccine and it has been <u>more</u> than 14 days since receiving 2nd dose | Resume normal activities and continue to monitor for symptoms of COVID-19 | Resume normal activities |
| References: https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/travel-guidance.pdf | | |

Updated 08/26/2021